



Florida State University Center for Prevention & Early Intervention Policy
Virtual 20-Hour Breastfeeding Counselor Course

From the Creators of the *Partners for a Healthy Baby* Curriculum Training

Fall 2021 Virtual Training Dates & Times

September 2nd, 9th, and 16th, 2021 ■ 9:00am-4:00pm (Pacific Time)

October 14th, 21st, and 28th, 2021 ■ 9:00am-4:00pm (Eastern Time)

November 3rd, 10th, and 17th, 2021 ■ 9:00am-4:00pm (Pacific Time)

December 2nd, 9th, and 16th, 2021 ■ 9:00am-4:00pm (Eastern Time)

Registration

Course fee: \$550 per person ■ Register online at www.cpeip.fsu.edu

Course Description

The 20-hour course will be covered in three live virtual sessions. It is designed for those who wish to gain knowledge in the basics of breastfeeding and lactation management. This course is intended for nurses, home visitors, doulas, and community-based health educators.

This course is based on the Baby Friendly Hospital Initiative, with content geared toward community-based providers. The course meets the standards of USBC Core Competencies in Breastfeeding Care and Services, WHO/UNICEF, and Florida Healthy Start training requirements. Increasing breastfeeding duration is also a goal of the Florida MIECHV program (Benchmark 1: Maternal and Child Health).

Course Requirements

- Participation in all LIVE sessions.
- Computer access with audio, video, internet access, and familiarization with Zoom.
- A doll, stuffed animal, or infant model 20-25 inches in length.
- Participants must read *The American Academy of Pediatrics New Mother's Guide to Breastfeeding* (Rev. Edition) prior to the start of the first session. Training materials will be mailed to participants 3 weeks prior to the training.
- Participants will be required to pass an online posttest after completing the training.

Course Instructor

Mirine Richey, MPH, IBCLC is an International Board Certified Lactation Consultant and received her Master's in Public Health from Florida International University. Ms. Richey's 20-year career includes work in hospitals and public health programs including WIC. Her training experience includes her current position with Florida State University, as well previous work with the Florida Maternal Infant Early Childhood Home Visiting Program, Florida Healthy Start, and Healthy Families Florida.

Continuing Education

Suwannee River Area Health Education Center, Inc. is a Florida Board of Nursing approved provider of continuing education. CE Broker Provider ID #50-1922.

This program meets the requirements for up to 19.5 contact hours. This program is approved for 19 L-CERPs allocated by IBLCE. IBLCE Approval Number C2002222.

